

The AS—SSG Scholarship Application 2026

Awarded to Osteopathic Interns and Residents

Anne L. Wales, DO founded A Still—Sutherland Study Group (AS—SSG) in November 1986. The Anne L. Wales, DO Foundation (**ALWF**) honors, in gratitude, the life's work of Anne L. Wales, DO. The ALWF is guided by Dr. Wales' vision to promote and disseminate the teachings of William Garner Sutherland DO, both of his Cranial Concept and of the principles of applied Osteopathy he received from A. T. Still, DO.

The Scholarships offered by the **ALWF** Foundation are intended to stimulate and financially support the individual study of the Science of Osteopathy by Osteopathic students, interns and residents and to honor the generosity Dr. Wales displayed in supporting, teaching and guiding her students.

The AS—SSG Scholarship is awarded to Osteopathic Interns and/or Residents attending a "Using the Powers Within the Patient's Body" course offered by AS—SSG who are selected by an essay writing competition. Up to six \$250 scholarships are offered for the 2026 course.

Applicants must register and pay tuition for the course prior to submitting their essay. To enter the competition, please include your Name, Osteopathic Medical College, Year of Graduation and E-mail Address with the essay. Please answer the question below using the Essay Criteria outlined below, and return by email in Word or PDF to mpburruanodo@aol.com by 2400 hrs. (Midnight) Eastern, **Tuesday, March 31, 2026**. Submissions after this time will not be considered. Applications will be judged according to their level of information, knowledge and insight, by each of the **ALWF** Committee members. The winning essayists will each be awarded a \$250 scholarship to the "**Using the Powers Within the Patient's Body: The Upper Extremity and Trunk, April 25-26, 2026**". Scholarship winners will be notified during the week of **April 13, 2026**. You must be in attendance to receive the scholarship.

Acceptance of your application for this competition (that is, even if you don't win) will make you eligible for the **Anne L. Wales, DO Scholarship**, a half price tuition to a Basic (SCTF) or Introductory (OCA) Course in Osteopathy in the Cranial Field. The winner will be chosen by lottery during the AS—SSG Course **April 25, 2026**. You must be in attendance to win.

Question: How is Dr. Sutherland's description of the "practice" of Osteopathy in the following quote reflected in your understanding and practice of Osteopathy?

"The practice of the science of osteopathy is one of the greatest arts and I prefer: Motivating an expression of non-incisive surgical skill to secure balance in the laws attributive to the mechanism."
(Sutherland, Contributions of Thought 2nd Ed, "The Science of Osteopathy" p. 271)

ALWF Essay Criteria

Entries must be received by 24:00 hrs Eastern, Tuesday, March 31, 2026 for consideration.

0-5 pts.	Name, COM, Year of Graduation, email address on essay
0-15	Spelling, grammar, typographical errors,
0-10	250-500 words
0-5	14 point font
0-5	Format in Word or PDF
0-20	Information (What does this statement <i>mean</i> to you now?)
0-20	Insight (What <i>experience(s)</i> have you had that apply to this meaning?)
0-20	Knowledge ((How can you use this understanding to guide your study and application of Osteopathic Principles and Practice?)

As we were instructed by Dr. Sutherland, please do your best to "Think Osteopathy" when you are answering the question.